

# Reflective Worksheet

## *The Enough Number Worksheet*

Name: \_\_\_\_\_

Date: \_\_\_\_\_

What feels like enough?:

\_\_\_\_\_

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Use this page to define enough in your own terms. **Write beyond comparison, status, or what other people would call successful.**

**1. What does genuine security feel like for me?**

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**2. What financial choices do I most want money to make available?**

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**3. What lifestyle would I genuinely want if social comparison were removed?**

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**4. What would I do differently if I already had enough?**

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*Enough is where money stops being a scoreboard and starts becoming a support system.*